

## WHAT I CAN DO...

- Follow simple two-step directions (“get the ball and put it in the basket”)
- Stand on my tiptoes, run, kick a ball, and climb up and down on furniture
- Match animal sounds to animals
- Identify one body part by 18 months and three body parts by 24 months
- Remember where objects belong and help with cleaning up
- Point to five pictures of familiar objects and/or people
- Assemble four nesting cups or blocks together
- Recognize myself in photographs
- Get excited when I am around other children although I might not play with them
- Use my own name to refer to myself
- Use 20 words by 21 months and 50 words by 24 months
- Say several two-word phrases
- Name several pictures in familiar books
- String large beads
- Build a tower using six cubes or blocks
- Show a wide range of emotions, including joy, anger, and jealousy towards others
- Imitate you when you are doing chores and housework

# 18 - 24 MONTHS

(1½ - 2 YEARS)

## HOW YOU CAN HELP ME...

- Include me in simple household chores; I enjoy dusting and cleaning up after dinner
- Teach me the names of body parts, animals, and objects around the house
- When I point at things, encourage me to say the word
- Play with me; I enjoy puzzles, blocks, playdough, crayons, and paper
- Take me to the park so I can practice climbing, running, and playing with balls
- Let me try drinking from an open cup and through a straw
- Set limits that are firm and fair; be consistent in enforcing them
- When I do something wrong, use a firm voice to correct my actions; do not discipline me in anger, yell, or hit
- Count stairs with me as we walk up and down together

## WHEN TO TALK TO MY DOCTOR...

- I use only single words and do not try to imitate longer phrases
- I do not imitate or copy words and actions
- I struggle to follow simple directions
- I do not know what to do with common objects (cup, phone, brush, etc.)
- I am not running well and struggle to climb onto furniture or go up/down stairs