



Alcuin Montessori School & Oak Park String Academy Present



“Grit, Growth & Greatness: Strengthening your Child's ‘Mind Muscle’”

with Stefanie Faye Frank

Tuesday, February 7th at 6:00 p.m.

This workshop will focus on how the brain works and how young people create mindsets about themselves and their potential.

Participants will learn how to encourage resilient thinking, growth mindsets and perseverance through an understanding of thoughts and emotions, and attitude towards failure.

Learn neuroscience principles that maximize the brain's potential for innovation and that ignite a sense of purpose and passion for learning.

When: Tuesday, February 7, 2017 at 6:00-8:30 p.m. with Q & A

Where: Alcuin Montessori School, 324 N Oak Park Avenue, Oak Park, Illinois

Who: This event is free of charge and open to the public.



Bio: Stefanie Frank's graduate degree from New York University specialized in neuroscience, empathy and child & adolescent development.

She trained at the New York University Institute of Prevention Science, Child Study Center, and the Albert Einstein College of Medicine, Children's Education and Rehabilitation Center (CERC) where she designed and facilitated social and emotional skills training interventions for children and parents.

Her work focuses on the cross-section of 'self-directed neuroplasticity', mindfulness and social-emotional development to help people uncover the mind's natural ability to manifest highly desirable outcomes in all aspects of life.

She currently offers neuroscience and social innovation training for parents and teachers in schools and youth organizations across the US and Canada, as well as for various clients in Europe and the US, including: Google, Northwestern University, Illinois State University's Education Department, and the University of California San Diego School of Medicine.

To RSVP for the event, email avalera@alcuin.org or call 708.366.1882.