

## WHAT I CAN DO...

- Understand almost everything you say to me (around 1000 words)
- Say descriptive sentences (“The big ball rolled under the table.”)
- Follow a three-step direction
- Sing along with familiar songs
- Play with one toy or activity for 5-10 minutes
- Pretend that a doll is eating, sleeping, crying
- Understand the names of colors
- Understand the concepts “one”, “two”, “all”
- Play with my friends
- Tell you how old I am
- Draw a person with two or three body parts
- Use scissors to snip paper
- Walk up and down stairs while alternating feet
- Jump, hop, and gallop
- Play on the swing, slide, and jungle gym at the playground without hesitation
- Ride a tricycle longer distances
- Brush my teeth
- Help set the table and do simple chores

## 36 - 42 MONTHS

(3 - 3½ YEARS)

## HOW YOU CAN HELP ME...

- Talk to me and listen to what I have to say
- Take me to the playground
- Give me blocks to build with
- Have me tell you what I did today
- Give me “first...then” directions
- Read to me
- Do not let me watch or play more than 30-60 minutes on TV, computer, or video games each day
- Tell me what I can do rather than what I cannot do (“walk in the house” instead of “don’t run”)

## WHEN TO TALK TO MY DOCTOR...

- I only say single words or a few two-word phrases
- I say lots of sounds, but adults have a hard time understanding my words
- I always play with toys for less than 2 minutes
- I have difficulty following two-step directions
- I scribble with crayons but do not copy shapes
- I do not engage in pretend play
- I do not like to touch paint or playdough
- I can not jump up off of the floor or down from a step